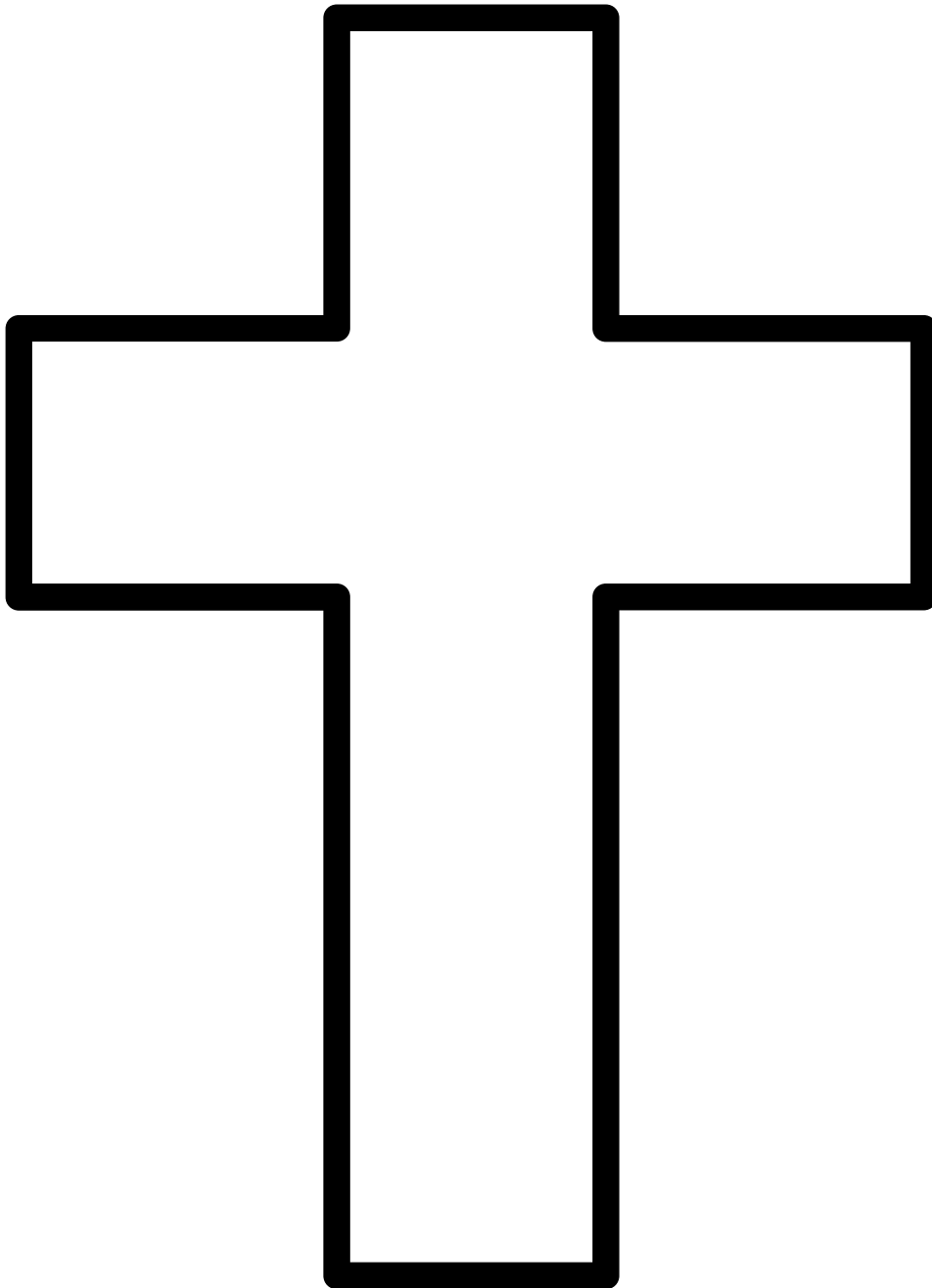


Use collected treasure to decorate this cross when you get home or colour in the cross with colours you have seen on your walk today.



StowCable Churches
To bring Jesus Christ to the people



The StowCable & Hoarwithy Pilgrimage Trail EXPLORER ROUTE

- 2.2 miles, across fields, wear appropriate footwear
- Circular route
- Parking at St Tysilio's Sellack
w3w: ///adopters.waxes.dialects
- Toilets available in St Tysilio's church
- No shops or eating places on the route, bring everything you need
- Bring a bag for treasure gathered along the way

www.stowcablechurches.co.uk/stowcable-pilgrimage-trail

DISCOVER OUR CHURCHES



St Tysilio's, Sellack Pray for Healing

The only English Church dedicated to the Celtic Saint Tysilio, who lived in Wales in the 7th century. The other churches he gave

his name to are in Wales and Brittany. The best known is at LlanfairpwllgwyngyllgogerychwyrndrobwllllanTYSILIOgogogoch (This means "The church of St. Mary in the hollow of white hazel trees near the rapid whirlpool by St. Tysilio's of the red cave".) Replacing an older wooden structure, the building you see today, built of local sandstone, dates back to the 12th century.

St John the Baptist, Kings Capse Pray for Change

Built of local sandstone, the oldest parts of the church were built in the 13th century, with the tower added in the 15th century. The church sits high on a plateau within a meandering loop of the River Wye, and opposite the Kings Capse Tump, the remains of an early castle built after the Norman invasion in 1066. At the time of the Norman Conquest, the inhabitants of Kings Capse were Welsh speaking as it formed part of the Welsh land of Ergyng (known as Archenfield in English), however allegiance was owed directly to the English kings, hence the name Kings Capse.

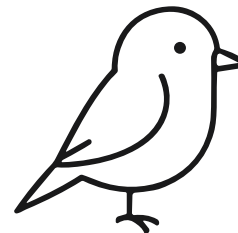
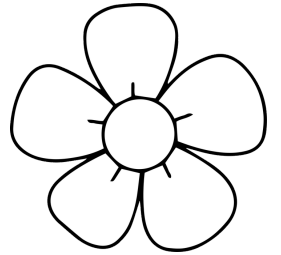


ACTIVITIES FOR CHILDREN

Lord Jesus, thank you for the trees and flowers, the river, the birds and the sky. Thank you for the sunshine and the rain and all the animals that live in this place. Help us to care for the earth and to be gentle with every living thing. May our hearts be kind and our world be full of peace. Amen.

What nature have you seen on your walk today?

- ☐ A flower
- ☐ A spider web
- ☐ A funny shaped cloud
- ☐ Something blue
- ☐ A butterfly
- ☐ Something red
- ☐ A bee
- ☐ Something heart shaped
- ☐ A snail
- ☐ A squirrel
- ☐ Something red
- ☐ A leaf bigger than your hand
- ☐ A feather



- ☐ A bird flying in the sky
- ☐ A stick shaped like the letter 'Y'
- ☐ A smooth stone to take home & paint

Stand on the bridge and listen. What sounds can you hear? What noise does the river make?

REMEMBER: If you'd like to collect treasure, please only collect things (sticks, leaves, flowers, etc.) that have fallen to the ground.