

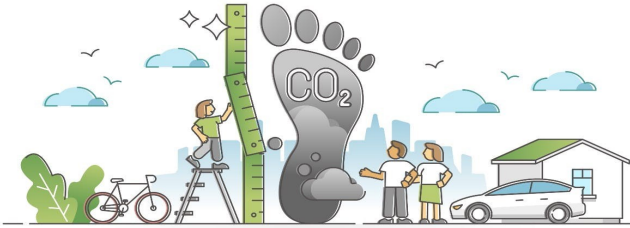
MEASURE YOUR OWN CARBON FOOTPRINT

There are several sites on line which offer a chance to measure your footprint. No two will give quite the same result as they ask about different aspects but it is a good way to become alert to the energy we use.

<https://www.carbonfootprint.com/calculator.aspx>

<https://footprint.wwf.org.uk/#/>

<https://co2-calculator.climatehero.me/?source=>



SOME LARGER CHANGES TO CONSIDER

1. Consider a more fuel efficient vehicle.
2. Consider generating via solar panels.
3. Consider whether you could heat your home more efficiently.
4. Consider whether more insulation in your home would reduce your energy use (and the bills!)

AS A PARISH MAYBE WE COULD.....?

1. Pressure supermarkets to use less packaging and more eco-friendly wrappings
2. Lobby our MP and County Councillors about eco concerns?
3. Develop a car-sharing scheme, starting with travel to Benefice Services?
4. Plant trees ? e.g on the unused piece of our overflow car park?
5. Increase the wildflower planting in the churchyard?

ST PETER'S CHURCH



Global warming leading to climate change as a result of rising carbon emissions may seem to be too great a problem for us to deal with individually or as a parish. However, we are all, as human beings, part of the problem.

We are all consumers and we are all caretakers of our wonderful world and we need to do our bit to ensure future generations can enjoy this planet and poorer nations can survive..



In this leaflet there are 25 suggestions for simple actions which will help the environment and reduce our individual carbon footprints.

The challenge is for each of us to adopt 3 or more of these suggested actions and continue to practice them through Lent.

If we can do this we will, collectively, have started to make a difference in our corner of the world.



The Diocese of Hereford has committed to becoming carbon neutral by 2030. As part of this commitment the diocese is encouraging parishes to engage with A Roche, a Christian Charity working for the protection of the natural world and helping to equip Christians and churches in the UK care for the environment.



Energy

1. Switch off lights in empty rooms.
2. Turn off /unplug chargers when not actively charging.
3. Wash at 30° or cold wash.
4. Turn the heat down a little and wear a sweater
5. Replace washers on leaking taps
6. Switch to a truly green energy supplier

Household

7. Reuse or recycle all bread and veg plastic bags.
8. Avoid buying products in Styrofoam containers.
9. Only buy disposable products (e.g. cups) which contain no plastic
10. Store food in reusable containers.
11. Switch to reusable cloths and stop using disposable wipes.
12. Donate unwanted goods to charity outlets.

Food

13. Buy locally grown food and locally made products.
14. Buy loose veg and fruit whenever possible.
15. Reduce consumption of red meat a little.
16. Switch one product you buy regularly to Fairtrade.
17. Remember to take your own bags. (incl mesh for veg)

Garden

18. Pull or hoe weeds instead of using herbicides.
19. Use peat free compost.
20. Use only organic fertilisers.
21. Use water butts and mulch to save water.

Transport

22. Consider if you can car-share more often.
23. Use public transport more.

Other areas

24. Join a conservation or social justice organisation.
25. Explore what type of organisations your pension and investments are supporting (many pensions have an eco option).

For any other challenge you want to set yourself!